

Daily Learning Planner

*Ideas parents can use to help children
do well in school*

Shelton Youth Service Bureau



THE
PARENT
INSTITUTE®

October 2020

Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Make an appointment to spend special time with your child this month and write it on your calendar.
- 2. Write your child's name vertically on a piece of paper. Have him use each letter in his name to begin a line of a poem.
- 3. Let your child see you reading for pleasure today.
- 4. Put on music and spend 15 minutes drawing or writing with your child. Let the music be your inspiration.
- 5. Ask your child how she helped others today.
- 6. Have your child teach you something he needs to learn for homework. It's a great way to reinforce what he's learning.
- 7. Ask your child, "What is one thing that makes you feel really excited?"
- 8. Today is the anniversary of the Great Chicago Fire. Develop a family plan in case of a fire in your home.
- 9. Make sure your child has access to basic reference resources (atlas, dictionary, thesaurus) either in book form or bookmarked online.
- 10. Plan a trip to a nearby museum, or visit one online.
- 11. Start a made-up story. "A woman opened the door. Standing on the doorstep was a ..." Let your child finish the story.
- 12. Jump rope together. How many jumps can your child do in a row?
- 13. Ask your child, "What are your three favorite songs?"
- 14. Have your child close her eyes. Make a sound, such as jingling keys. Challenge her to guess what you are doing.
- 15. Take a walk and collect pretty fallen leaves. Help your child put them between layers of clear self-stick paper to make place mats.
- 16. Choose a news story and learn more about it with your child.
- 17. Start a project with your child, such as building a model. Make plans to work on it regularly together.
- 18. Bake cookies with your child. If you're doubling a recipe, have your child do the math.
- 19. Have your child replace adjectives on a printed advertisement with their opposites.
- 20. Talk with your child about something he has done well today.
- 21. Consider giving your child an allowance. Discuss what it should be used for, such as buying things, saving and giving to charity.
- 22. Choose a number, then have your child list all the things she can think of that come in that number.
- 23. Give your child a calendar. Teach him to use it to write down information about homework, tests and school activities.
- 24. Ask your child to imagine life 150 years ago. How about 150 years in the future?
- 25. Do a crossword puzzle with your child.
- 26. Read a book aloud that you and your child can both enjoy.
- 27. Help your child figure out the average height of the people in your family (add heights and divide the total by the number of people).
- 28. Pick a category. Ask your child to pick a letter. How many items from the category can you both think of that begin with that letter?
- 29. Let your child plan dinner tonight. How many food groups can she include?
- 30. Have a contest: Who can name the most parts of the body? (Organs count, too.)
- 31. Ask your child, "What is the best job in the whole world?"