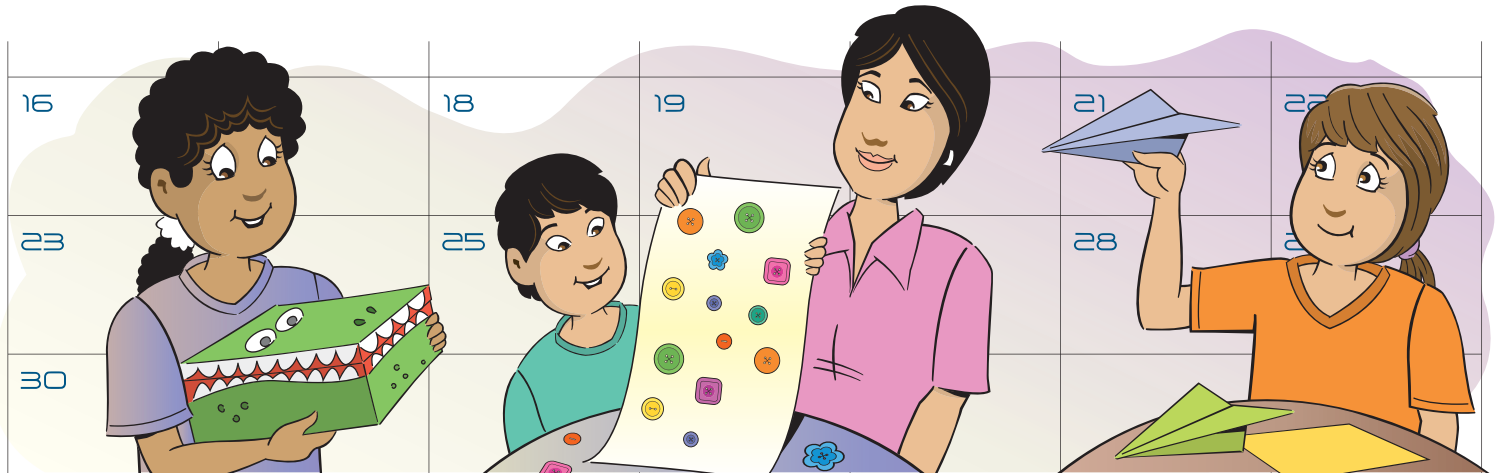


Parent & Child Activity Calendar

Shelton Youth Service Bureau



THE PARENT INSTITUTE®

Parent & Child Activity Calendar

Early Childhood Parents make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 It's May Day! Help your child make a bouquet of real or paper flowers. Take them to an elderly neighbor.	2 Have your child hold her nose while she eats. Does it affect the taste of the food?	3 As you do errands, help your child talk with people about the jobs they do.	4 Help your child pour rice or water from one container to another.	5 It's Cinco de Mayo. With your child, learn about why this holiday is celebrated in Mexico.	6 It's Physical Fitness and Sports Month. Look for a new physical activity you can enjoy together as a family.
7 Encourage your child to put on a talent show or puppet show. You provide the applause.	8 Ask your child questions about the use of common things. What is a house for? What do we do with spoons?	9 Help your child measure something with a ruler. Count the inches together.	10 Spray shaving cream on a counter and let your child draw in it. This gets fingers ready to write letters.	11 Take turns telling a story. Say, "There once was a family who lived" Have your child finish the sentence.	12 Take your child to a playground where he can run, jump and climb safely. These are important motor skills.	13 At the library, check out an audio book to listen to with your child.
14 Play a game with your child today. It can be an active outdoor game or a quiet board game.	15 Help your child name each of the five senses and what people use them for.	16 Choose a book with lots of pictures. Have your child tell you the story based on the illustrations.	17 Have your child close her eyes and tell you everything she hears.	18 Call your local library and find out when the next children's event is. Mark it on the calendar and plan to attend.	19 Look at some family photos together. How many relatives can your child name?	20 Invite a friend to play with your child. Encourage your child to share and take turns.
21 Take a walk with your child and use your senses to observe the world around you.	22 Have your child look at his reflection on the back of a spoon. How does it make him appear?	23 Write your child a message in a secret code. Draw an eye, then a heart, then the letter U.	24 Expect your child to pick up toys after play time. Turn on some "clean-up time" music!	25 Sing "Old MacDonald Had a Farm" together and take turns doing the animal sounds.	26 Play catch with your child. Stand close together and toss a large (but light) ball back and forth.	27 Visit a zoo or park. Observe some animals. Ask your child to walk like each animal does.
28 Go on a picnic with your child. After eating, stretch out on a blanket and read together.	29 Stand your child against a wall. Use a spoon as a ruler and see how many "spoons" tall she is.	30 Help your child practice cutting with safety scissors. Have him cut in a straight line and then a curve.	31 Look through a magazine with your child. Name three objects for her to find in the photographs.	<h1>May 2017</h1>		