

Daily Learning Planner

*Ideas parents can use to help children
do well in school*

Shelton Youth Service Bureau



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Help your child set a goal for 2021 and plan how to achieve it.
- 2. Pick a word from the dictionary and draw a picture of it. See if your child can guess the word. Then switch roles.
- 3. Ask your child how he feels today. Talk about feelings.
- 4. Encourage your child to start a diary or journal this year.
- 5. Ask your child to do some real-life math. If your car has a 14-gallon gas tank and can go 336 miles per tankful, how far can it go on one gallon?
- 6. Help your child go online to research events that occurred on the day she was born.
- 7. Find an item small enough to fit in your child's pocket. Have him write a story about it.
- 8. Talk with your child about the importance of telling an adult when a person is being bullied.
- 9. Ask a librarian to recommend some award-winning books for children your child's age.
- 10. Have everyone in the family spend 30 minutes picking up the house. Many hands make light work.
- 11. Make an "emergency reading kit" for the car. Pack books and magazines your child can read when she has to wait somewhere.
- 12. Good report card? High grade on a test? Crown your achiever "Monarch for a Day."
- 13. Discuss your child's courage. List times when he tackled challenges bravely, such as learning to ride a bike.
- 14. When shopping, have your child compare two sizes of the same product. Which is the better buy?
- 15. Let your child pick what to wear and where to study today.
- 16. Have family members make a list of their strengths. Read them aloud. Add to one another's lists.
- 17. Help your child set up dominoes in a pattern and then let her knock them down.
- 18. Keep screen devices turned off today. Have your child choose some alternative activities.
- 19. Show your child which way is *north*, *south*, *east* and *west*.
- 20. Find pictures of people doing things. Ask your child to write captions.
- 21. Ask your child to pick five *adjectives* to describe himself.
- 22. Watch a TV show together. Have your child track the time spent on commercials vs. the program.
- 23. Help your child plan ahead. Talk about next weekend. What needs to be done to prepare for a family activity?
- 24. Talk with your child about mistakes. How can people learn from them?
- 25. Practice estimating. How many cookies in the package? How many carrots in the bag?
- 26. Today, have your child keep track of everything she eats. What one change would make her diet more nutritious?
- 27. Set aside a half hour for writing with your child today.
- 28. Discuss the people your child admires. Ask why he admires them.
- 29. Make a chore chart with your child. List chores she's responsible for and when they should be completed.
- 30. Teach your child how to take his pulse. Then have him jump up and down 50 times and take it again.
- 31. Ask your child how she helped others today.