

Daily Learning Planner

*Ideas parents can use to help students
do well in school*

Shelton Youth Service Bureau



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Play your child's favorite board game with her tonight.
- 2. Remind your child how important it is to turn in work. Just one zero can bring down a grade an entire letter.
- 3. When you watch TV with your child, mute the commercials. Ask your child to make up a silly voiceover.
- 4. Help your child think about the snacks he eats. Could he make some healthier choices?
- 5. Talk with your child about what life was like 15 years ago.
- 6. Have your child write a Valentine's message to someone who is sick or lonely. Mail it to that person.
- 7. Ask your child to tell you about a school event that she is looking forward to right now.
- 8. Have your child quiz you about a homework assignment. Thinking up questions will help him learn.
- 9. Ask your child to tell you the kindest thing anyone has ever done for her.
- 10. Help your child see that he can't control others, but he can control how he reacts to others.
- 11. Listen to some classical music with your child.
- 12. Make an "at least one-a-day" rule: Family members will eat at least one meal together every day.
- 13. Help your child download an audiobook you can listen to together. Many are available for free from public library websites.
- 14. Memorize something with your child today. Try a poem or a quotation.
- 15. Help your child use small chunks of time to study or review.
- 16. Remind your child that there are no stupid questions. If he really wants to learn, he should ask questions in class.
- 17. When shopping with your child, have her practice rounding prices to the nearest dollar.
- 18. Think about your expectations of your child. Ask him if there's a new responsibility he thinks he could handle.
- 19. Does your child have homework to do this weekend? Make sure she schedules time to complete it.
- 20. Think of someone you and your child admire. Post that person's picture in your home.
- 21. Show your child how to break large assignments into small parts.
- 22. Start a list of places your family would like to visit someday. Have your child research and collect information about these places.
- 23. Make thumbprint cartoons with your child. Use an ink pad and make prints of your thumb and fingers. Add features to create characters.
- 24. Notice whether your child is completing homework on time. Praise his responsibility.
- 25. Ask your child what she likes most about each of her classes.
- 26. Practice the art of compromise. Negotiate with your child about something you can be flexible on.
- 27. Check out a book on simple science experiments your child can do at home. Try one together.
- 28. Get up early and take a walk around your neighborhood with your child today. Ask if the area seems different early in the morning.