

# Daily Learning Planner

*Ideas parents can use to help children  
do well in school*

Shelton Youth Service Bureau



THE  
**PARENT**  
INSTITUTE®

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## Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Solve math problems with yummy treats. Use raisins or mini marshmallows for adding and subtracting.
- 2. Encourage your child to write a thank-you note to a favorite school staff member this month.
- 3. Pick a new word out of the dictionary. Everyone try to use that word at least three times today.
- 4. When your child asks a question you can't answer, write it down. Keep a list of questions to look up later.
- 5. Set a timer and see if your child can "beat the clock" while completing a household task.
- 6. Make up trivia questions about your family. Quiz one another at the dinner table.
- 7. Ask your child to create a comic strip of a story he knows.
- 8. Discuss the meaning of a *dozen* and *half a dozen*. What things are often sold in dozens?
- 9. With your child, read the same news story in two different publications. Compare the versions.
- 10. Look for ways to involve your child in your hobbies. For example, if you are a runner, take your child for a short jog.
- 11. Give your child the responsibility of putting her clean clothes away.
- 12. Begin telling your child a story. When you get to an exciting part, stop talking and let him make up the rest.
- 13. Put three items in a bag. Have your child and a friend use them as props for a five-minute skit.
- 14. Learn how to say "I love you" in at least three other languages. Share this with your child.
- 15. Ask your child to tell you her favorite time of year.
- 16. Ask each person in your family to write a noun or adjective. Challenge your child to use all the words in one sentence.
- 17. Allow a few minutes after the light is off at bedtime for quiet conversation with your child.
- 18. Play a board game with your child. Encourage him to be a humble winner and a gracious loser.
- 19. List three of your child's successes this week. List three of your own. Look at the list whenever one of you is feeling down.
- 20. Help your child interview people working in career fields that interest her. What is a typical day like in their job?
- 21. Ask your child to read you a review of a movie he would like to see.
- 22. With your child, fold paper to make different types of airplanes. Predict which ones will fly the best, then test and see.
- 23. Challenge family members to write, eat or do other activities with the hand they don't favor.
- 24. Play Concentration with homemade flash cards. Math problems with the same answer make a pair ( $9 \times 2$  and  $15 \div 3$ ).
- 25. In the kitchen, have your child look for certain letters or words on food packages.
- 26. Ask your child to complete this sentence: "If I had one wish, it would be ..."
- 27. Help your child pick two books to check out from the library. Choose some books for yourself, too!
- 28. Talk with your child about laws. Why do we need them? What would happen if we didn't have them?