

Parent Pointers

Calendar

Shelton Youth Service Bureau



THE PARENT INSTITUTE®

Parent Pointers Calendar

High School Parents
still make the difference!

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|---|--|--|
| | | | 1 Talk with your teen about mistakes. How can people learn from their mistakes? | 2 Make an appointment to spend time with your teen this month. Write it on your calendar and don't cancel. | 3 At bedtime tonight, tell your teen a story about yourself at his age. | 4 Challenge your teen to do a secret good deed for a friend or neighbor. |
| 5 Take your teen to the library. Check out two copies of the same book so you can read together. | 6 Encourage your teen to go over class notes every day—while the lecture is fresh in her mind. | 7 Help your teen think about the snacks he eats. Could he make some healthier choices? | 8 Skim over your teen's homework assignment and ask her questions to help her review. | 9 Keep talking about school. Every day, ask your teen what he's working on and what he's thinking about. | 10 Don't set a punishment in the heat of the moment. Wait until everyone has calmed down. | 11 Don't sit on the sidelines. Go hiking together today instead of watching sports on TV. |
| 12 Ask your teen to select and read a news article to you. Share opinions about it. | 13 Remind your teen how important it is to turn in work. Just one zero can bring down a grade an entire letter. | 14 Tell your teen one specific thing you love about her today. Try to do this every day. | 15 Look at the class schedule of a local college together. Which courses interest your teen? | 16 Help your teen view small chunks of time as opportunities to study or review. | 17 Bring up a sticky situation before it occurs. Ask what your teen might do. Listen and ask questions. | 18 What are your teen's special interests? Help him find books in the library about these topics. |
| 19 Take your teen out for breakfast. Each of you talk about your goals for the next five years. | 20 Remind your teen that there are no stupid questions. If she wants to learn, she should ask questions in class. | 21 Notice and talk about the good qualities of your teen's friends. | 22 Ask your teen if he's thought about education or career plans after high school. What is he considering? | 23 Have your teen quiz you on a topic in one of her homework assignments. Thinking up questions will help her learn. | 24 Discuss an international news event with your teen. How is it affecting your country? | 25 Have your teen check out a book on a possible future career. |
| 26 Spend a few minutes talking with your teen at bedtime. This is a relaxing time for conversation. | 27 Encourage your teen to write a letter to a teacher or coach who has had a positive influence on him. | 28 Talk to your teen about social media. Does she use Facebook, Twitter, Instagram? Be sure to check her posts often. | <h1>February 2017</h1> | | | |