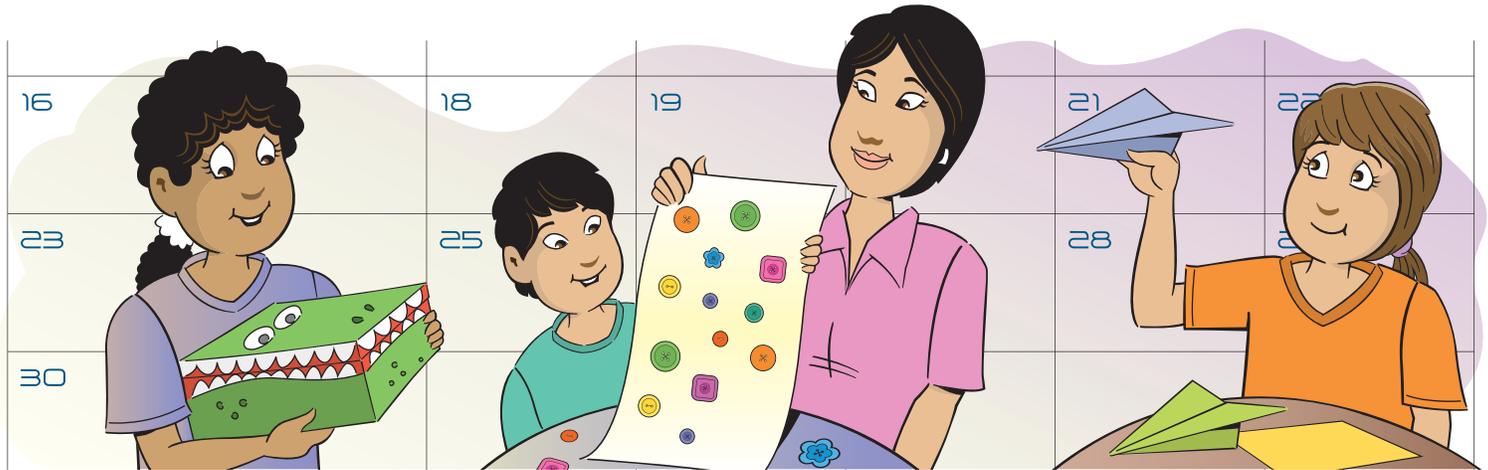


# Parent & Child Activity Calendar

Early Childhood  
Shelton Youth Service Bureau



THE PARENT INSTITUTE®

## Parent & Child Activity Calendar

Early Childhood  
**Parents**  
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> It's International Friendship Month. Have your child send a card or letter to a friend.	<b>2</b> Start a "chain of hearts." Cut out small hearts. Each day, write a reason you love your child on one and attach it to the chain.	<b>3</b> If you don't have time to read to your kids at night, read in the morning. It's a real "power breakfast."	<b>4</b> Have an indoor picnic. Spread a blanket on the floor and play music. Let your child help choose the menu.
<b>5</b> Decorate a shoebox to make a treasure chest. Fill it with small treats. Hide it and have a treasure hunt.	<b>6</b> Allow a few minutes after the light is off at bedtime for quiet conversation with your child.	<b>7</b> Ask your child for her opinion. Does she think you should wear a red sweater today or a white one?	<b>8</b> Talk about the difference between <i>night</i> and <i>day</i> . Have your child draw a night picture and a day picture.	<b>9</b> Play the I Spy game. Say "I spy something orange." Let your child guess what it is. Then it's his turn to "spy" something.	<b>10</b> Tap out a simple rhythm with household instruments, such as spoons. See if your child can copy it.	<b>11</b> Go to the library and check out two books with your child. Check out some books for yourself, too!
<b>12</b> Set up a well-lit corner with pillows and favorite books. Encourage your child to get cozy with books.	<b>13</b> After your child goes to bed, leave a valentine where she'll see it first thing tomorrow morning.	<b>14</b> Teach your child the Golden Rule—treat others as you would like to be treated.	<b>15</b> Read a story to your child. Later ask him to retell it to you from memory.	<b>16</b> Tell your child we learn when we try new things. Today, try a new food or take a new route home.	<b>17</b> Celebrate your child's favorite color. Wear it today. Serve food that color. Look for it wherever you go.	<b>18</b> Cut out pairs of pictures (two dogs, two cats, etc.). Paste on index cards. Place face down. Match the pairs.
<b>19</b> Help your child do something nice for someone else today.	<b>20</b> Let your child help with a household chore. Remember to thank her when she finishes.	<b>21</b> Stand facing your child. Have him pretend to be a mirror and imitate all your movements. Trade places.	<b>22</b> Ask your child to draw something that makes her happy.	<b>23</b> Show your child a picture of a rainbow. Can your child name the colors?	<b>24</b> Discuss ways that different farm animals help us. For example: Cows give us milk; sheep give us wool.	<b>25</b> Make a book about your child. Have him make handprints and footprints with paint.
<b>26</b> Set aside time today to work on a hobby with your child.	<b>27</b> "I'd love to!" Use these words when your child asks you to play, read or do a puzzle with her.	<b>28</b> Have a pattern day. Ask your child to notice patterns around him, such as a striped shirt or a flowered sheet.	<h1>February 2017</h1>			