

Daily Learning Planner

*Ideas parents can use to help students
do well in school*

Shelton Youth Service Bureau



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Find out about virtual or in-person school events for families this month and make plans to attend at least one.
- 2. See how many ways your child can make change for one dollar using different combinations of coins.
- 3. Ask your child to tell you about the similarities and the differences between her classes.
- 4. Don't use screen time as a reward or punishment. It will make it seem even more important to your child.
- 5. Bake cookies with your child. If you're doubling a recipe, have him do the math.
- 6. Talk about ways your family can help others this holiday season.
- 7. Ask your child, "Is there anything you wish you knew more about?" Then research the topic together.
- 8. Tell your child that effort is more important than ability when it comes to success.
- 9. Make a family time capsule. Ask each family member to put in two items that have special meaning. Plan to open the capsule in 10 years.
- 10. Play Alphabet Mix up. Choose a word, then rearrange the letters in alphabetical order. Can your child figure out the word?
- 11. Exercise your child's memory. Can she tell you what she ate yesterday? The day before?
- 12. Remind your child to use you as a scapegoat if necessary: "Sorry, I can't. My mom says I need to stay at home."
- 13. Don't feel the need to fill every minute with your child with talk. Silence can speak louder than words.
- 14. Talk about stereotypes with your child. Discuss why they're unfair.
- 15. At dinner, ask everyone to write down two positive things about each member of the family. Don't forget to include yourself.
- 16. Social media makes it easy to hurt someone. Tell your child not to post anything he wouldn't say to someone's face.
- 17. Challenge your child to wrap a package behind her back.
- 18. Write your child's name in a vertical column. Have him use each letter to begin a line of a poem.
- 19. Divide a deck of cards between you and your child. Each of you turn over one card. Whoever correctly multiplies the cards first wins them.
- 20. Encourage your child to compare prices and return policies before buying something.
- 21. Let your child see you reading for pleasure often.
- 22. Ask your child to tell you what the word *integrity* means to her.
- 23. Start a jigsaw puzzle together.
- 24. Have your child wet two mirrors and place them together, then try to get them apart. Cohesion of water molecules is strong.
- 25. Write your child a letter about how wonderful you think he is.
- 26. Spend some extra one-on-one time with your child today.
- 27. Ask your child, "What do you think you might like to study in college?"
- 28. Get some exercise with your child—it may lead to some interesting conversation.
- 29. Tell a story as a family. Take turns adding sentences.
- 30. Choose a number, then have your child list all the things she can think of that come in that number.
- 31. Together, list some of your child's accomplishments in the past year.