

Parent Pointers

Calendar

Shelton Youth Service Bureau



THE PARENT INSTITUTE®

Parent Pointers

Calendar

High School
Parents
still make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 It's not that teens can't read—it's that most don't. Challenge your teen to read more this month.	2 Find quotations that will motivate your teen. Post a favorite one on the mirror your teen uses.	3 Ask your teen who in your family he thinks he is most like. Why?	4 Do you have to drive your teen to activities? Use time in the car to talk.	5 Try to eliminate pessimistic phrases. Replace "It won't work" with "Why not try it?"	6 Encourage your teen to invite friends over for pizza and a movie. Make sure you learn their names.	7 What's the best way to prepare for college entrance tests? Turn off the TV and read every day.
8 Is your teen getting enough exercise? Take a brisk walk together today.	9 Tell your teen that effort is more important than ability when it comes to success.	10 Introduce your teen to historical fiction. It's a great way to put a human face on a historical era.	11 Talk with your teen about how you appreciate your education. Or talk about why you wish you'd learned more.	12 Ask your teen: "Do you think honesty is always the best policy? Why or why not?"	13 Teens often feel peer pressure to try alcohol. Talk to your teen about ways to say <i>no</i> .	14 Remind your teen to use you as a scapegoat if necessary: "My mom wants me home tonight. Sorry."
15 Look for a movie that's based on a book. Read the book with your teen before seeing the film.	16 Have your teen tell you about the assignments she has due this week.	17 Figure out the average of something with your teen, such as family members' height in inches.	18 Stay in touch with your teen's teachers and counselor to find out how he is doing in school.	19 Talk with your teen about what makes a good friendship.	20 Don't criticize or correct your teen in front of peers.	21 At the grocery store, have your teen compare prices of two sizes of the same product. Which is the better buy?
22 Today, talk to your teen as you would to a friend or co-worker. How does your teen respond?	23 If your teen is having trouble starting a paper, have her write just one sentence and take a break.	24 Encourage your teen to keep a journal of his accomplishments.	25 Set a technology curfew. All electronics must be turned off for the night at a certain time.	26 Help your teen make a to-do list. Organization is a stepping stone to his independence.	27 Make it a No TV night tonight. Read instead.	28 If your teen is faced with a big decision, talk about it within the context of your family's values or faith.
29 Do you have a home improvement project to do? Let your teen help.	30 Ask your teen to tell you about the similarities and the differences between her classes.	31 When your teen overreacts, it's important for you not to. Set a time to talk later when you are both in control.	<h1>January 2017</h1>			