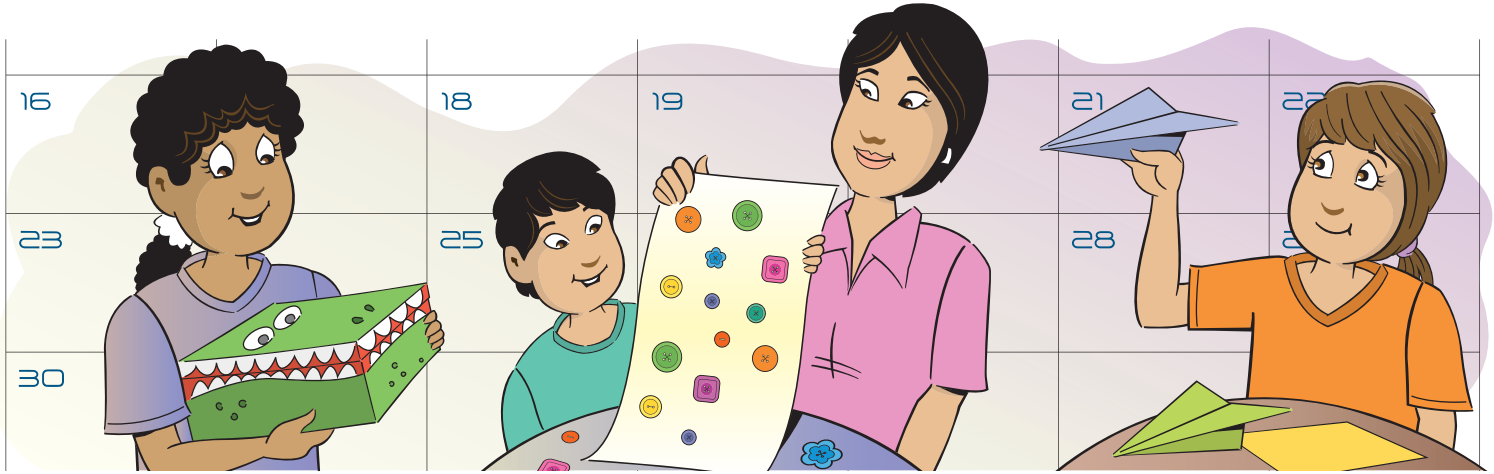


Parent & Child Activity Calendar

Early Childhood

Shelton Youth Service Bureau



THE PARENT INSTITUTE®

Parent & Child Activity Calendar

Early Childhood
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Help your child set a goal and create a plan to achieve it this year.	2 Make a list of the best times your family had during the last year. Schedule time on the calendar to do them this year.	3 Talk with your child about how animals survive the cold winter months. What do bears do? How about birds?	4 Describe a noise and ask your child to tell you if it's <i>loud</i> or <i>soft</i> .	5 Tell your child family stories you can remember from when you were a child.	6 Wash hands with your child before each meal. Talk about the importance of frequent hand washing.	7 Take the whole family to the library. Be sure everyone checks out some books.
8 Write a letter of the alphabet. Think of things that begin with that letter and have your child draw some of them.	9 With your child, compare the weather where you live to that of the rest of the country.	10 Challenge your child to make shapes or letters with his body. Can he spell his name?	11 Play the "opposites" game. Say a word and see if your child can tell you its opposite.	12 Set out different sizes of pots and pans. Ask your child to put the lids on the matching pots and pans.	13 Gather some floating and sinking objects. Ask your child to test which will float or sink in water.	14 Let your child draw on paper towels with washable markers. Spray the towels with water. Watch the colors blend!
15 Today is the middle of the month. Talk with your child about what <i>middle</i> means.	16 Play a game of charades with your child. Use hand gestures and motions to describe your word.	17 Cut your child's favorite sandwich into a puzzle. Have her put the pieces together before eating it.	18 Let your child see you keep your temper when you are angry. Instead of yelling, calmly talk about how you feel.	19 Have your child pretend to have a magic carpet that can fly anywhere. Where would he go? What would he see?	20 Turn off the TV this evening! Plan on reading or playing games instead.	21 Use glue to write your child's name on construction paper. Let him stick cereal or beans on the wet glue.
22 Set aside some time to spend one-on-one with your child today.	23 Assign your child a special job. It's never too early to learn responsibility!	24 Cut out shapes from paper (triangle, rectangle, square, circle). Have your child arrange them to form a boat.	25 Make your child laugh! Tell a joke, read a funny story or poem, sing a silly song or draw a cartoon.	26 Talk with your child about something she has done well today.	27 It's the birthday of W.A. Mozart. Listen to some classical music with your child.	28 Have your child draw a picture. Ask him to make up a story about it and tell it to somebody.
29 Teach your child to make paper snowflakes. Use some to decorate your windows.	30 List animals your child loves. If she could have any animal as a pet, which would it be? Why?	31 Ask your child what he would do if he were invisible for a day.	<h1>January 2017</h1>			