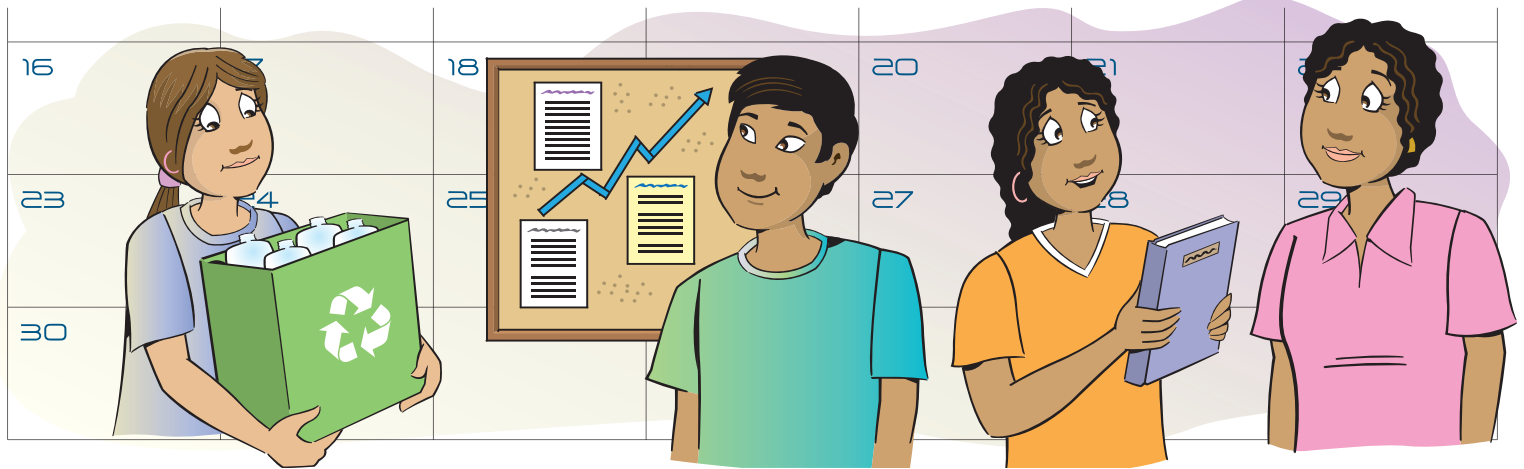


Parent Pointers

Calendar

Shelton Youth Service Bureau



THE PARENT INSTITUTE®

Parent Pointers Calendar

Middle School Parents *still make the difference!*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April 2017						1 Prepare an old family recipe with your child. Talk about the special dishes handed down through the years.
2 Have your child pick three places within driving distance she'd like to visit. Make plans to do so.	3 Have your child tell you about the assignments he has due this week.	4 Try to remember your life as a middle schooler. It can help you relate to your child.	5 When you drive your child to activities, use the time in the car to talk.	6 At dinner tonight, have each family member say something nice about every person at the table.	7 Avoid giving in to your child's demands once you have made a decision about something.	8 Visit the library. Suggest that your child look for a new book by a favorite author.
9 Suggest activities your child can do alone—crafts, reading or listening to music.	10 Don't pay your child for regular chores. Helping out is every family member's responsibility.	11 Admit and apologize to your child when you're wrong.	12 Try to eliminate pessimistic phrases. Replace "It won't work" with "Let's try it."	13 Don't criticize or correct your child in front of peers.	14 Look at the class schedule of a local college. Ask your child which courses interest her.	15 Be sure your child knows that your rules apply when he's at a friend's house, not just when he's at home.
16 Enjoy some physical activity with your child. You'll both get exercise—and it may lead to some good conversation.	17 Remind your child that there are no stupid questions. If she wants to learn, she should ask questions in class.	18 Find quotations that will motivate your child. Post a favorite one on the mirror your child uses.	19 Ask your child: "If you could trade lives with somebody you know, who would it be? Why?"	20 Talk with your child about mistakes. How can people learn from their mistakes?	21 Check on your child's grades. If necessary, help him plan ways to raise them before the year ends.	22 Memorize something with your child today. Try a poem or a quotation.
23 Thank your child for something she did.	24 Talk with your child about what makes a good friendship.	25 Help your child think about the snacks he eats. Could he make some healthier choices?	26 Skim over your child's homework assignment and ask her questions to help her review.	27 When your child is studying for a test, set a timer for 15 minutes. Many short reviews are better than one long one.	28 Most middle schoolers aren't aware of what's going on in the world. Watch the news with your child and discuss it.	29 What are your child's special interests? Help him find books in the library about these topics.
30 Play board or card games as a family tonight.						