

Parent Pointers

Calendar

Shelton Youth Service Bureau



THE PARENT INSTITUTE®

Parent Pointers

Calendar

High School Parents
still make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April 2017						<p>1 Start a project with your teen, such as repairing or building something.</p>
<p>2 Take your teen out for breakfast, or serve a favorite breakfast at home. Make this a regular habit.</p>	<p>3 Mention how something you studied in school has helped you at work.</p>	<p>4 If your teen gets headaches, squints or holds books too close, have his vision checked.</p>	<p>5 Want your teen to get more involved? Set an example by joining a club or group that interests you.</p>	<p>6 If your teen has an Instagram account, ask to see it. Talk about the pictures she posts.</p>	<p>7 Play a game with your teen—cards, charades, a board game—whatever he'd like.</p>	<p>8 Encourage your teen to combine exercise and learning by listening to an audiobook while working out.</p>
<p>9 Whether your teen is a freshman or a senior, she should be using the career planning services at school.</p>	<p>10 Index cards are great for taking notes. Students are forced to choose only the most important points.</p>	<p>11 Is your teen studying a foreign language? Look on the internet to find publications in that language.</p>	<p>12 If your teen is saving for a special purchase, have him keep a picture of it in his wallet.</p>	<p>13 If your teen has strong opinions on an issue, encourage her to write a letter to the editor of your newspaper.</p>	<p>14 Plan a weekend family activity. Let your teen invite a friend.</p>	<p>15 Is your teen's room messy? Set the timer for a 15-minute pick-up blitz before he gets together with friends.</p>
<p>16 Declare this an Acts of Kindness Day. Make a special effort to be kind to each other. It may become a habit!</p>	<p>17 Teach your teen about investing. Start an imaginary stock portfolio.</p>	<p>18 Have your teen solve silly math problems, such as "How many hours until your birthday?"</p>	<p>19 Encourage your teen to volunteer. She can help her community while learning about other people.</p>	<p>20 Give your teen practice making decisions. Involve him in making decisions on allowance, curfews or other rules.</p>	<p>21 Host a team or club party. Seeing your teen's peers will give you new insights into her character.</p>	<p>22 Give your teen a notepad and ask him to record a day in the life of your family.</p>
<p>23 Take a walk with your teen.</p>	<p>24 Don't violate your teen's privacy. By providing privacy, parents demonstrate respect.</p>	<p>25 Establish a storage place for something your teen always loses, such as her keys.</p>	<p>26 Avoid criticizing your teen in front of his friends.</p>	<p>27 Ask your teen: "If you were to write a novel, what would it be about?"</p>	<p>28 Ask your teen who her role models are and why. You may learn something new about her.</p>	<p>29 Choose a recipe with your teen. Shop for ingredients, cook and enjoy the results together.</p>
<p>30 Read a book with your teen.</p>						